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“UNBREAKABLE” on Bright U: Inside the DNA repair crisis and the debate over persistent spike protein

08/23/2026 // Belle Carter // 710 Views

Tags: . vaccines, Collapse, crisis, Damage, Dangerous, DNA, genetic damage, HR, JHEJ, Mike Adams, mRNA, nuclear fallout, persistence, post-pandemic, radiation, repair, spike protein, UNBREAKABLE

- The first episode of UNBREAKABLE, airing Aug. 29 on BrightU, examines Mike Adams' hypothesis that spike protein and nuclear fallout could converge on the body's DNA repair machinery, particularly pathways such as NHEJ and homologous recombination.

- Adams argues that ionizing radiation can cause serious DNA double-strand breaks while spike protein may interfere with the mechanisms responsible for repairing that damage, raising questions about the potential consequences of simultaneous exposure.

- The second chapter, streaming Aug. 30, investigates how long spike protein may remain in the body, drawing on studies cited by Adams involving blood, immune cells, autopsy tissue and postmortem analysis.

- Adams highlights research reporting spike protein fragments months after vaccination, detection in CD16-positive monocytes for up to 245 days and findings involving tissues such as bone marrow and the membranes surrounding the brain.

- While Adams argues that persistent spike protein could affect inflammation and DNA repair, the chapter emphasizes that the health implications remain contested and that detecting spike protein alone does not establish that it causes chronic illness.

Brighteon University is streaming one chapter daily of "UNBREAKABLE: Secrets to Genetic Survival in the Age of Spike Shedding and Nuclear Fallout" from Aug. 29 to Sept. 9. It will broadcast a replay of Episodes 1-3 on Sept. 10, Episodes 4-6 on Sept. 11, Episodes 7-9 on Sept. 12 and Episodes 10-12 on Sept. 13. Catch the complete course marathon on Sept. 14.

Register here to explore DNA integrity and repair mechanisms, examine Mike Adams' perspectives on spike protein, nuclear fallout and environmental stressors alongside established science and learn more on his proposed nutrition, lifestyle and preparedness strategies for supporting cellular resilience.

The perfect storm: What happens when radiation meets a broken DNA repair system?

What happens when a force that damages DNA collides with a biological system that may be less capable of repairing it?

In the first episode of "UNBREAKABLE," to be aired on Aug. 29 on BrightU, Mike Adams explores a provocative hypothesis built around two very different threats: spike protein and nuclear fallout. He argues that they may converge on one critical vulnerability – the body's DNA repair machinery. Ionizing radiation can cause DNA double-strand breaks, among the most serious forms of genetic damage. The body relies on repair pathways including non-homologous end joining (NHEJ) and homologous recombination (HR) to repair those breaks. Adams contends that spike protein can interfere with these mechanisms, potentially leaving radiation-induced damage unrepaired or incorrectly repaired.

"Here is the collision. Ionizing radiation causes DNA double-strand breaks," Adams points out.

The episode examines research cited by Adams involving DNA damage responses, including studies addressing spike protein, repair proteins and cellular damage, while also raising a larger question about what happens when two biological pressures converge.

"Now then, when you combine this with radiation, things get a lot worse very quickly," he says.

The spike protein that won't leave: Inside the debate over persistence in the body

How long does spike protein remain in the body – and where can it be found after exposure? In the second chapter of "UNBREAKABLE," to be streamed on Aug. 30, Adams examines that question through studies he cites involving blood samples, immune cells, autopsy tissue and postmortem analysis. He challenges the early expectation that vaccine mRNA would disappear within days and spike protein within weeks, pointing instead to research reporting detection months or even years after exposure.

One study Adams highlights found spike protein fragments in blood samples months after vaccination, while another reported spike protein in CD16-positive monocytes for up to 245 days. He also discusses research involving postmortem tissues and reports of spike protein in areas including bone marrow and the membranes surrounding the brain.

"The data are disturbing because they show that the answer is it doesn't happen quickly. It doesn't clear very quickly," he notes.

The implications remain a subject of scientific debate. Adams argues that persistence could have consequences for inflammation and DNA repair, while acknowledging that detecting a protein does not, by itself, establish that it is responsible for chronic illness. The episode takes viewers inside the evidence, the unanswered questions and the competing interpretations surrounding one of the most closely watched biological questions of the post-pandemic era.

Want to know more?

Discover the concepts explored in Mike Adams' "UNBREAKABLE" course, which examines DNA integrity, cellular repair pathways, radiation exposure and the relationship between nutrition and genetic resilience, streaming on BrightU. Across 12 chapters, the course takes viewers through the fundamentals of DNA damage and repair, including NHEJ, homologous recombination, double-strand breaks and cellular mechanisms involving BRCA1, 53BP1 and CHK1. It also explores Adams' perspectives on spike protein, nuclear fallout, environmental stressors and the nutritional strategies he believes may support DNA repair.

Whether you're new to the subject or looking to explore the science presented in the course in greater depth, you can purchase the "UNBREAKABLE" course package here to learn more about its framework for genetic preparedness and cellular resilience. Upon purchase, you'll gain access to the full 12-chapter course and accompanying educational materials covering DNA repair, nutrition, environmental exposure and Adams' proposed strategies for supporting the body's natural repair mechanisms.

Sources include:

BrighteonUniversity.com 1

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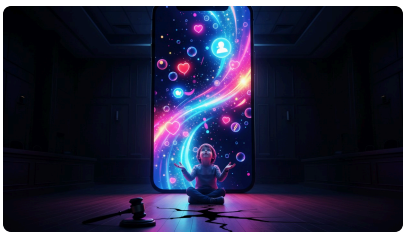

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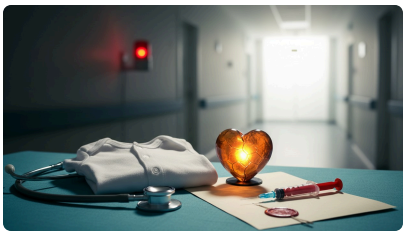

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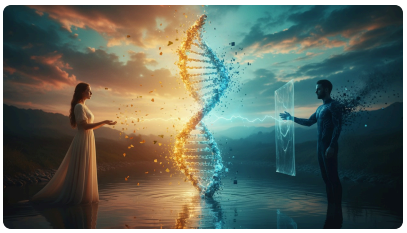

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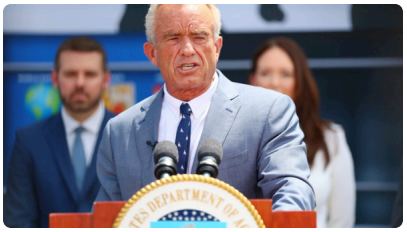

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